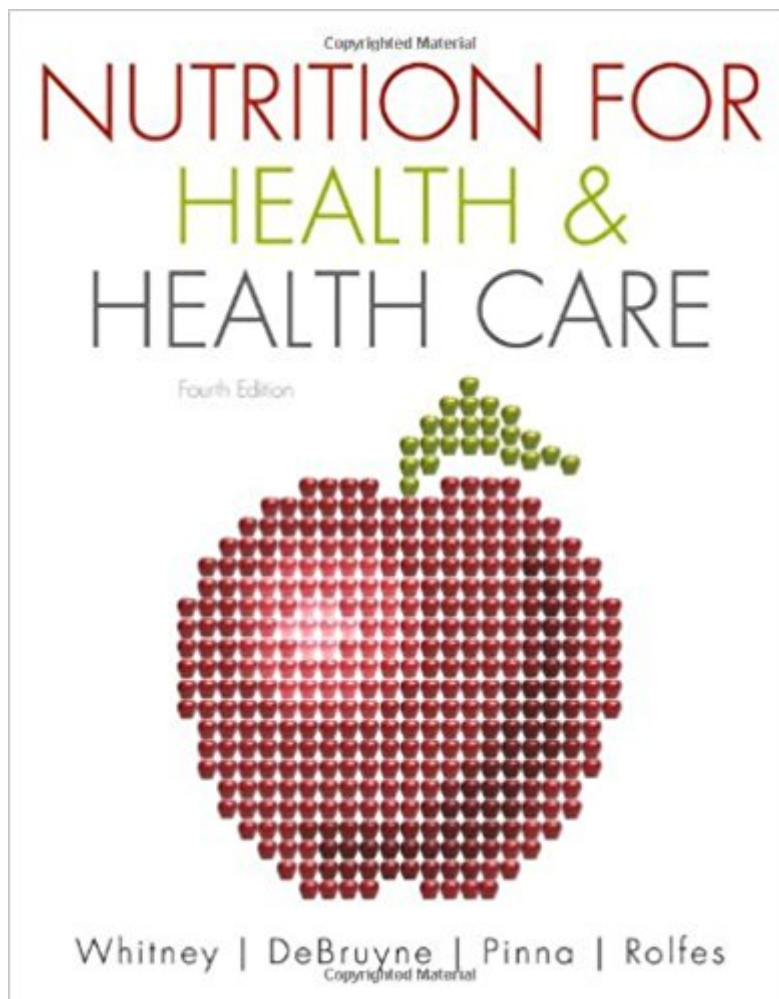




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Nutrition For Health And Health Care (Available Titles CourseMate)



Synopsis

Current, practical information in a real-world context for future nurses and health care professionals. Designed for the clinical nutrition and/or diet therapy nutrition course, **NUTRITION FOR HEALTH AND HEALTH CARE** is a trusted text that demonstrates the important role of nutrition to future nurses and health care professionals in their future careers. The text begins by covering basic nutrition concepts and followed by clinical topics organized by organ systems, linking nutrition to different disease states, such as diabetes, renal disease, and liver disorders. Each chapter includes practical information, current research, and clinical practice guidelines for addressing nutrition concerns and incorporating nutrition into care plans. Valuable supplements accompany this text to help instructors prepare for class and to help students succeed in their course.

Book Information

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Customer Reviews

Ellie Whitney, Ph.D. grew up in New York City and received her BA and PhD degrees in English and Biology at Harvard and Washington Universities. She taught at both Florida State University and Florida A&M University, wrote newspaper columns on environmental matters for the **TALLAHASSEE DEMOCRAT**, and coauthored almost a dozen college textbooks on nutrition, health, and related topics--many of which repeatedly reappear as new editions. She spent three decades exploring outdoor Florida and studying its ecology, and then co-wrote **PRICELESS FLORIDA: NATURAL ECOSYSTEMS AND NATIVE SPECIES** (Pineapple Press, 2004). Now

retired, and more concerned about climate change than any other issue, she volunteers full-time for the nonpartisan national nonprofit Citizens Climate Lobby. Linda Kelly DeBruyne, MS, RD received her BS in 1980 and her MS in 1982 in nutrition and food science at Florida State University. She is a founding member of Nutrition and Health Associates, an information resource center in Tallahassee, Florida, where her specialty areas are life cycle nutrition and fitness. Her other publications include the textbooks NUTRITION FOR HEALTH AND HEALTH CARE, HEALTH: MAKING LIFE CHOICES, and the multimedia CD-ROM NUTRITION INTERACTIVE. She is a registered dietitian and maintains a professional membership in the Academy of Nutrition and Dietetics. Kathryn Pinna has taught nutrition, food science, and human biology courses in the San Francisco Bay Area for more than 25 years. Formerly an outpatient Registered Dietitian, Dr. Pinna is a member of both the American Society for Nutrition and the Academy of Nutrition and Dietetics. Her experience also includes work as an Internet consultant and freelance writer, which led to textbook publications such as Nutrition and Diet Therapy, and Nutrition for Health and Health Care. Dr. Pinna earned her MS and PhD in Nutrition from the University of California, Berkeley. Sharon Rady Rolfes is a Registered Dietitian Nutritionist and founding member of Nutrition and Health Associates, an information resource center that manages a research database of more than 1,000 nutrition-related topics. Previously, Ms. Rolfes taught at Florida State University and coauthored several other college textbooks, including Understanding Nutrition. In addition to writing, Ms. Rolfes consults on educational projects, and volunteers on the board of Working Well, a community initiative dedicated to creating a healthy workforce. A member of the Academy of Nutrition and Dietetics, she received her MS in Nutrition and Food Science from Florida State University.

AAA++++++

It did the job.

Used this book in a nutrition class in school. Has really good information, is an easy read, plus has great tables. I totally recommend this book.

Great book.

The book is very well written. Easy to follow with up-to date information. Using it for a class but would use it to obtain nutrition information.

Good buy!

I bought it for college and when I started reading it I became more and more interested in the material. The book is written in a very easy to understand language and giving lots of examples and pictures, so it is anything but boring. Very easy to study from this book and it gives a lot of information and extras in case you are interested in additional information. I finished my semester and still read through the book every time I want to know something that has to do with nutrition, that is why I am not selling it. A great book to have at home!

Rent this book for class. Book was pretty damaged when I had received it, especially the back pages and the binding. I was able to use it for class and returned it in the same condition. However return got rejected because of the binding damage that's already there when I received the book. Charged me full price of the book. Make sure to take picture as evidence once you received the rental book.

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